

UNHOOKED

The way to your higher self

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Amit Thakkar
Pearl Juneja

Unhooked: The Way to your higher self.

Amit Thakkar & Pearl Juneja

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THE WAY TO YOUR HIGHER SELF

AMIT THAKKAR & PEARL JUNEJA

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Amit Thakkar & Pearl Juneja

Unhooked: The Way to your higher self.

Dedication

“Dedicated to my mother Mrs. Surekha J Thakkar, and my parents Mr. Rakesh Juneja & Mrs. Sudesh Juneja. Their blessings made us truly the persons we are today.”

Amit Thakkar & Pearl Juneja

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“Spiritualism is less about using your hands to pray but using them to do your Selfless duty towards God’s Creations”.

Unhooked: The Way to your higher self.

What Do I Owe You?

Hello, we hope you are doing great! Firstly, we thank you for choosing this book. Welcome to this spiritual journey and unleashing your higher self. What is “Being Unhooked”? Generally, we understand that we are free. But in reality, we are hooked to different parts of society, which deters and even hinders our pursuit of Truth! The “Whys and What’s of Life?”. Why are we born? What we must do? What we must seek? All these questions get subdued just because we live a very normal life. This “Normalcy effect” is due to being hooked! Being attached to the parts of our life which is usually externally designed and influenced. Because divergence and seeking the truth is usually stigmatized by the herd. We are afraid of being the black sheep.

And life passes away! This book is a revelation to you and the world about the path, which can let you attain your higher self. It seeks to unhook and unleash your highest potential with the spiritual means, which you may not have ever learnt. As authors we belong to the background of Data science **from Columbia University in the city of New York** and Marketing with experience over 10+ years. But those are our world’s ascribed identities. But here we carry our identity as seekers of truth and aim to walk with you through the pages of slowly loosening and ultimately shattering the hooks which hold you from flying and reaching your heights.

In our world many, since ages, have come up and risen to greater heights, that either they were given status of God or Way to God. Some were even called, Sons of God. These Great people were mostly in the human form till they were alive. The people who were influenced by them ultimately became their followers and evolved their ideology in the future. Some are claimed to have showed miracles and some brought apparently impossible revolutions. But one common idea among these beings was that whether they claimed to be a God or not, they were surely recognized as one or closer to it.

These beings possessed a few qualities which were different than normal population and hence could bring wide scale changes. The *Proto-Shiva* or *The Priest of Indus Valley civilization*, *Moses*, *Mohammed*, *Buddha*, *Jesus of Nazareth* and *Guru Nanaka* and many shamans and saints hold a higher strata in terms of their karma and influence they brought on their environment. An interesting fact about Jesus is that his suffix “Christ” was not his original name, but it was given to him. Christ as a word is derived from the Greek word “**Christos**”¹ which translates to “The

anointed one” or “Messiah”. So, he was also thought to be the anointed son of King David.

If you analyze these beings, they had a peculiar understanding about **“How the existence worked? How should it work? Why the Society needed change? What energy ruled the whole universe?”** The Sacred wisdom, which they had was not so common among people. The knowledge they attained was out of the Super Spiritual Pursuit, they had developed by encountering the higher energies. A few were so spiritual that they recognized themselves to be closer to Supreme Energy, which has been existing since the time unknown.

The Supreme energy let them realize that they were just equal to and alike itself. Some of them recognized that they were destined to fulfill tasks they had previously vowed to complete in the previous lives. These Greatest ones realized the factors ‘Why their life is so meaningful and above materialism?’ This sacred knowledge which they had and the subsequent actions they took made them the One. Many like me came across this knowledge in fragmented form but due to the social stigma or tumult, rarely reproduced it clearly as one aggregated source of knowledge.

The men of wisdom have created folklores and stories which describe the mysticism behind the incomprehensible feats of the super beings we talked about. Ever heard someone being called as “Creator of the Creator?” No you won’t hear it. Because people believe that God is the start and end of the world. But this is an incomplete awareness.

The God is not the end, because the God as a concept we know is in the form of what was told to us after our birth but not what we realized or discovered. In this book questions like these are clarified so you yourself can march on to become wise and altruist like the Great beings you adore. If you ask a common man out there, they would say nobody could become Godly just like that! He is right none can become just like that without knowing the truth or Sacred Knowledge. The Sacred knowledge which can clear the mist and let you attain your true potential on the path to your greatness which makes everyone smile.

This sacred knowledge, which is available out there for everyone, rightly owed to you by the Super-Consciousness (The Divine link). But how to attain it? Well, that is the book all about! How do you become like the ones you have followed and preached for life? How do you connect with this Mystical Supreme force (Super-Consciousness) to gain the Sacred Truth and awareness? What is the right way to be spiritual? What is Soul and other related powers? Who, why and where is God? How one can and should become Godly? What is Religion? Who are the True Saints helping you? And who are the Fake Gurus beguiling you? Why you should not be a blind

puppet of cultures given to you? And why you should discover your own? How do you use your most potent energy, 'your Semen', for your Personal Growth? How do you use your hidden energy called 'The Bioelectricity', in your life to seek the truth. And the most important, How do you make all this easy and be self-guided on the right path? All these key questions which remains unanswered, has been brought together at one place, 'This Book'.

This book holds special chapters on all the above questions! My intent is to spread mass welfare with this book in the world where chaos and confusion has once again prevailed like in the past. This book is the conglomerate of the awareness I had gained after doing what I recommended as a spiritual practice. The set of messages given to me in my experience of spiritual journey of over 15 years of my life. This is my monastic deep work in the language of 'Cal Newport'. Because for more than 10 years I had isolated myself from a circle of nearly 2,500 people with whom I was associated in the fields of Marketing, Public Speaking and Entrepreneurial Training. Gradually when I came in contact with the Super-Consciousness I got addicted to this world of sacred knowledge with ultimate and unending vast wisdom that I had to delink myself from the clutter of crowd. Hence, the maximum time was allotted to the knowledge I have always aspired to gain.

This priceless yet humble wisdom is compiled in this book, which I must reemphasize, is priceless. With money you can buy a Lambo or an island but not the years of experiences and sacrifices which I have invested to find the truths, given in this book. Even now, I continue to explore newer knowledge which can't be fit into one single book. For which I had started my blog to update my fellow friends about what I learn and owe to the world. I am glad that I owe this knowledge to you, being further entitled to share this with the ones you know. That would be your step one to walk towards the path of Godliness— "Share the wisdom to be wiser".

While most people in the world worry "What is it they must do in the world?" but the most pristine and troubling question is why they must do whatever they do? Which, rarely, a few ask and they turn out to become distinguished among the majority of those running behind the first question.

Note: Before starting to read this book, I urge you to stop being impatient and do not use the spiritual benefits or byproducts you may gain from this book for malevolent intentions. There have been instances where some of my acquaintances with whom I had shared this knowledge. It literally changed their life, for some in a week. They gained success and drastic health improvements in short-term using the byproducts but lost badly in the long term as they used it against mass welfare but for selfish intentions. So, I implore you to use the wisdom you shall get for beings other

than yourself, and it shall prevail because that is the first key feature to be Godly.

Do you know the root cause of every problem a person faces in the world? It is all in a word, 'Unawareness'. Ignorance may not destroy you but not destroying the ignorance definitely will. This makes people to pursue the never-ending world of Self-help. Having awareness and wisdom brings clarity in life. This awareness is not about the traditional knowledge which makes us more of a simple common law-abiding member of the society. The awareness called what life is? Why do we exist? What rules our universe and what relation it has with us? Questions like these still remains partially answered or unanswered. The awareness I talk about is the one which can answer these questions and is accessible to all of us and could be gained with dedication.

But as living to survive with this body became main agenda, the world became too much complicated and busy to survive and sustain for the physical needs. But the Surreal and mindboggling knowledge which could make our lives easier, happier, and simpler was submerged under the earthly responsibilities or material knowledge. The wisdom which we all needed to learn, even after the hints given to us by our historical and ancient religious stories, folklore, scripts, and messages at monumental sites, were never focused pragmatically. Hence, they are not teachable in the traditional form, by testing you in entrance exams with some fancy abbreviation or needing a language test. But you can learn it without paying or satisfying any guru.

As this ancient wisdom exists since millennia, it could have been understood easily. But our ignorance has kept us away from it. Many wise men rediscovered it through years of practice, experiences and researches. These experiences which I had started to gain years ago, when I was just 16 years old. I felt it was accidental when I came across it. But nothing is accidental as it seems.

This gradually built up with dedicated spiritual practice and focus. A traumatic experience in my life pushed me to seek peace in front of God, it opened the door of spiritualism which unknowingly awakened the sleeping energies in me. I got a humble opportunity to learn and know about three different religions in life. These experiences built the spiritual estate within me. After prolonged meditative and spiritual exercises like '*Nama smarna (recital of mantra)*' for nearly 6 hours a day at young age of 19, I realized the change for which human race has always been waiting. This change is the need of the hour especially when digital world and associated socio-technological complications have obliterated our inner peace, focus, ability to understand the real self, choose wisely and live with the change. This is

the reason why we run for so many self-help products from quickly getting the best physique to get rich overnight.

The self-help knowledge you read today will become outdated years later and then you shall run for a better way to compete. With the wisdom I share in this book, you shall not need to worry about how to focus, think or where you want to upgrade? Because this wisdom is the seed to all the other earthly knowledge. So the wisdom shall revolutionize your perception, as the principles in this book would soon be ratified by man's logic. This wisdom has blessed me with the inner peace we all need in our lives before we pursue the best. But 'mere best' is not enough, so I give a humble attempt to discover the God within you. By God, I do not mean a miraculous entity with 'Ancient Dress-code'.

The Godliness, which sleeps within you, is like 'the Giant who needs the wisdom's alarm clock to wake up'. The awakening of Godliness would certainly give you the outcome like "How you can be the best in your field?" but that is a byproduct. And pursuing only the Material benefit is not intent of this book. The Benefit you would gain is by becoming Godly, Yes, it is not digestible because if you skim through the index, you shall see the names of chapters which you may find weird, but undiscovered stuff is always weird. These topics are not taught in universities or schools. This knowledge is gained by many great ones before me who devoted their time and energy to the path of knowing the Truth. Does that mean I know the complete truth? Haha! Nobody knows the complete truth. But I definitely know much of the truth for which will save you a good amount of time to understand things clearly. At least years!

By being Godly, you would definitely feel the changed potential you may have never felt earlier. This power is related to your psychological, Physiological and spiritual capacities. For example, using the principles in this book, you may not struggle to create new or get rid of old habits to realize the version of self you have always aimed. One of my closest friends once asked me why I remained so undisclosed and became isolated after my graduation years, when I knew so much. I replied, "The so much was much for you but so less for me". In order to quench my thirst for this spiritual knowledge, I had to deter many disturbances of life, which could have submerged the wisdom I was gaining, under the traditional knowledge we gain from society.

Bhagwad Geeta, talks about this as *Maya* or Illusions. "Something, which changes forever, cannot be real forever". It is difficult to get higher awareness or enlightenment when you are associated with petty things which makes you more attached. Hence years back I understood why saints and wise men of ancient era loved social isolation.

If I could ask you to predict Rain maybe you could not but when someone awakens the God within, their belief can turn a normal day into a rainy day. Does that mean it is magic? Or is it an inevitable event which was predicted by you? This is the blurry line, which shall become clear once you have understood the sacred wisdom. This has happened with one of my friends who could do it by the belief. But the belief itself was not enough. Belief supported by latent supernormal Energy needs to be awakened within you. That is how the God within you shall be awakened, primarily.

Consider this book as a journey and a set path like the one set for a Samurai warrior. Ardently following the principles and applying them in your life will transform it. I have attempted to cover my years of experiences in a few hundreds of pages, so you do not have to go around the unnecessary fuss and confusions. I have attempted to provide you the clarity on an erratic subject (which rarely has scientifically proven insights). Then the way on how you could apply the knowledge.

So, getting to the point and without getting around some verbosity - I assure you that after reading this book, you shall be seeing the World's version which has been curtailed to you. The world you see now is filled with confusion, mysticism, commercialization of faith enmeshed due to an infodemic ambience. There is no demarcation of 'Why the world you see and the existence you hold, is the way it is?' Which is mostly out of your control.

Key take-aways you get?

1. Learning and Unleashing the **Real cosmic Energy hidden within you**, ultimately meant to evolve human beings and their capacities, so you find bliss and feel it for pristine pleasures our Ancients experienced. Ex. *Soma* drink was used to tap into this energy 2000 years ago but now a simple audio and breathing technique can let you access it because of technological developments. Your latent energy would be unleashed in evolving your physio-psycho-spiritual state your character reflects.
2. Discover your **Inner spiritualism**, hidden because of information pollution. Information pollution has denied your spiritual growth and pushes you to seek some redundant course by some Billionaire Fake-guru. The root is awareness, energy, and right wisdom. You would discover your awareness with the framework given in this book.
3. Attaining the **Inner Peace** through a very different way of meditative technique I am using for years, it subdued most, if not all, of my pessimistic outlook I had towards the world.

4. Improving your **Emotional Intelligence**, which will help you to get the **Material and Non-material happiness** you aspire. Seriously, you don't need to pay thousands to gain E.I., you just need to find it within yourself.
5. Attaining **Rejuvenated Energy, Thrill and Enthusiasm** in life, when you are unburdened by the myths and fallacies imposed upon you by a few outdated societal norms, irrelevant for us in the present times.
6. Living the cent percent **Self-Controlled Life** by knowing what controls you? Why? How to get rid of it? Moreover, how your present lifestyle is benefiting others?
7. **Self-Actualization and True Freedom**, which comes when one is **Healthier, Stronger, Stable, and Independent** because of the **raised awareness**, allowing one to excel almost everywhere.

With this book you shall decode mysterious questions being answered in simple terms. A few fake Gurus who want to sustain the blind belief in you may never share the why behind folklore or mystery, but only the redundant stories in cultures. This way they are inevitably accepted as intermediaries between the unquestioning you and your faith. Consequently, you pay them with your allegiance, time, and money. This also mars the image of a few altruistic and honest gurus and commercializes the realm of spiritual pursuits. Thus, some gurus become economically and socio-politically powerful. For example, **Kenneth Copeland** the wealthiest pastor, preacher, and televangelist of USA has net worth around a “**\$760 million!**” **He said God asked him to build the mansion for his wife**”. Is God so biased about sharing wealth?

Reading this book you would understand the unconventional perspective of what God, life and existence are. For example, if you believe a deity or some mystical energy has created you, obviously a chunk of that energy must have been a part within you. But have you ever been made to realize that chunk in you, so you are not some petty celeb follower but your real self?

This would transform your biology as well. Your brain keeps reshaping itself through the process called as **Neuroplasticity**. The abilities and quality it gets is based on the content from your surroundings you consume every day. For example, watching too much porn, reduces brain's grey matter according to many researches. But you can willingly reshape it through spiritualism and only a few men in the world would share it as it requires dedicated spiritual efforts and sacrifices. However, throughout the years, I have found out how some spiritual techniques can help you tap this energy inherent in us since our birth. If you are going through **Stress, Depression**

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or Anxiety, these technique can help you heal and get to a better state. It will provide you your inner peace and restore your stability through positive body- mind changes.

Before starting to read this book, I request you not to miss the First chapter about “Why do we exist?” and it is, I feel, one of the most important chapters.

I welcome you to keep faith in this process and yourself. May you attain the wisdom you deserve. Let us get started!

CHAPTER ONE



Why do we exist? Exploring the Truth

'May you be blessed with the right wisdom at the End of the chapter!'

This is the most special chapter of the book and I have preferred to keep it above every chapter you would read.

So let me ask you initially itself, **"Why do you think you are alive?" "Why do you do the work, you do?" "What is the reason we have such a society?" "Why do you want whatever you are aspire?"**

I will give you two gifts at the end of this chapter even if you don't complete this book. You will discover your path, which is not less than the Real life "Moksha" we learn and seek.

So, you must have got the answers to the above questions as per your own awareness. A few would say it is their passion which drives them and makes them live or a deeper philosophical answer that it is their work which makes them live. And I will ask again, "Why do you work or live?" Please don't say it is just the money. Tomorrow if your government demonetize the currency and legalize a crypto, barter system or something else, which is accepted as a value then your answer, will not be money, right? It would be the new legal currency or system. But I ask again **"Why would you want to have such currency at your behest?"**

Pardon me! to keep you whirling around but here is the truth you have been waiting for life.

Do you remember the two stages of your life, "When you were born, you cried, and you had two important needs as an infant?"

One, **Parental care** and two, **Milk or nourishment**, so that you could live to cry the next day. This means you just had to **order the world with your cries or screams** and voila! You were served and treated like a King!

What does it imply? This means you had **Freedom in truer sense**. The world ironically already laughed and felt happy when you cried while arriving into this world, they were happy so much that they could spend their every penny on you to sustain your cuteness and life. "Is not that True Freedom?" While you did nothing and got all basic needs at your will. You got fame and love even without demanding. Today's joke is people have to perform in front of 'a dark hole and black screen' called as cellphone, share

their life to get all these things.

So, you were free when you grew a bit older and till the age of 7 you kept on doing, whatever you wanted to. You wanted a videogame? Poof! Your parent has it right for you. If you were brought up in an orphanage, I am sorry to disappoint you but you're exceptionally the special and closest one to me, and you will Rule one day! You have the potential and I mean it. "A warm and personal High Five!" But again, freedom in general existed in our lives. Because law also has special place for children. This means nobody on the streets dared to hate or hurt you, right? People seeing us as babies always shed their love and perhaps kissed us as well, even when they did not want to impress our nannies (exceptions applied during the Covid-19 Era). The children counterparts of our age, ate with us, loved us, and fought with us but mostly befriended. Today you have to use **photo filters** and **dating apps** to find friends, "See the difference in freedom?" This means people trust us when we are children. Not only people, have you seen Dogs? They fall in love with children, Isn't it? It means that you are on the top of the world. **"Kisses, Food, Love, Friends, Not Caring about the rules, No Juvenile Laws for those under 7, Free Tickets or huge discounts to travel, no worries about being Zombified to your screens, emails, calendar and specially Time."**

But, when you turned 7, you were admitted into the systems of society, which gradually started to curb your freedom. Schools brought obligations to you to get better grades or else you may not get your cheese (promotion to higher classes) or your parents may not buy you the gaming gadget like earlier, until you passed the exams. This became the new normal, which means **your newer version of freedom came at a cost** and the **"Free Freedom"** faded.

The new form of freedom was based on timings, discipline, and social norms we must follow to be accepted as a member among the same folks. Earlier when you laughed like "The Joker from Batman", the relatives took your video and made you the famous 5-year-old on Social Media. But, when you did the same at 15 or 17, The school principal sharpened his scythe for you. Do that in family and your doubtful parents become your new stalkers on social media. Maybe as the new FBI (Parents' division) trying to find out "Who sells Drugs to my Child?" Obviously, they are suspicious, that your new avatar could be due to some secret drug.

Though you do not consume such stuff. This is the resemblance of how people perceive you at different time spans and the way they see you also shows you how much freedom you have. **Get in the line or be stared and stigmatized upon!**

Even the unknown people treat you the same way if they find you are not a child under 6 years. It is due to a common understanding that you have to behave in a pre-decided way at a specific age. That is how freedom is allocated and elicited. You are mostly influenced until 65 or your retirement. You face the same form of varied distinction. Freedom is allocated and bestowed depending on your socio-economic status.

After 18, you have to work to get your cheese, once you received on orders. The work you do provides you the money to buy the goods and services. Your boss would not kiss you when you show him cuteness, due to work stress, just like you got so many kisses as a child.

However, he may put you in the darkest cubicle of the office hellhole. Perhaps, that is how your freedom is controlled. He may cut your pay, demote you or may ask the HR department to write the worst appraisal report in the history.

This further cut your freedom, right?

When you retire after years of working, you find you have the people surrounding you with respect, because you are ready to reap on your 401k or some retirement/provident fund. Maybe you are a wealthy person for time being. Just observe! You are gradually returning to the Freedom level you held once during your childhood, though not completely similar to it. But seniority, respect and empathy for your diseased and tired state exist among the people. They love you as a Grandpa and bestow the power of respect and orders, at least in the joint families of South Asia.

If you are with me till here? Let us come to the most important part. So above we saw we had pure freedom till the age of 7 and then it's conditioned, restricted, and sometimes taken away completely till you reach the death bed, but somehow given to you when you cross 65 years of age.

So many times, I have used the word 'Freedom': Here I Meant three types of freedoms.

1. **Freedom of Time:** You can do anything whenever you want.
2. **Freedom of Action:** You can do anything you want, obviously only the legal things.
3. **Freedom of Location:** You can do anything wherever you want (legalities applied)

Freedom of Time: Let us answer this, "Didn't you've had these freedoms before you touched the 7th year of your life?" Think again! Yes, you did, you did not have to worry about money, so you did not have to Trade your 12 hours a day for money. This means you had enough time to learn new things, pursue passion and grow. Kids do learn during this period! Don't

they? The fundamentals built during this period composes nearly 95% of their future personalities. But now do you have time to learn or roam around? No! Because the Social system of Exchange has put an obligation -Exchange Value to get Value- So you work 12 to 15 hours a day to get dailywages and you spend your precious time to get money. This is where you lose your **Freedom of Time**.

Earlier your theatrics as a child made you a viral video social media star, Now it may stigmatize you by people or sometimes even land you in a jail. This is why you can't do anything you want because people would judge you and that fear prevents you.

Primarily the **Loss of Freedom number one (Time)** denies us to do such things or live like we want to. We must earn for self & our family to survive. "How the hell would I follow my passions without having time and energy?" That is the loss of **Freedom of Action**. Even though you would become a celeb on social media and earn money, continuing to keep your audience happy would be your new concern. Can you freely behave publicly without thinking how it would affect your business? Would you be paid if you won't upload content? Are you free? No! It is unlike the one you had in childhood. So yeah! No Freedom of Time gives no freedom of Action. This state is good for many who spend time and earn money from their passions but soon they get bored. Some celebs earn money, then hate their life, and quit the industry because of this. You cannot live your life to the fullest if you are concerned with the daily bread and butter. Passions fade and die away with habits we continue; 9 to 5 life becomes a routine, and our freedom is a forgotten memory.

By **Freedom of location**, I mean tourism, exploration, and discovery of self and places. Know this pretty well! We humans are meant to explore, move around and thus discover the undiscovered, be it places or self. Our Ancestors were wanderers and seekers, right from the Stone Age till we became sedentary. Even Animals do not stay static at one place so we must unravel the mysteries, which makes us curious. Ever wondered how sedentary and lazy we have become due to the dark side of "Services on the click of a button?" we must move around the world and live the places to gain life's experiences before we die. Is it possible for you to just move around destinations without spending and qualifying the formal legalities of the place? Certainly, you could that during the childhood. Being a baby, your parents took care of expenses and governments in most countries did not charge your tickets to travel. Then why charge now? Why ask for a passport? Especially at some place where it is not need.

Because they do not trust you blindly, they do not trust the identity you hold, the money you would carry, the ambition you have when you are

migrating at a place. A six-year-old baby cannot attempt to hijack a civilian aircraft or plan a bombing. But a few grown up yet dumb, brainwashed men do. So obviously, security and other reasons compel them to hinder you and charge you prices.

Hence, we are not totally free, and the conditions bind us into unwilling and permanent actions. Freedom is also lost because our evolved civilizational conditions have tried to control society and its members. ‘We are free’ is an illusion. Even when a majority of people try to, they can’t rebuild the society with a norm of “Freedom for all” just like that. We are habituated to the current way of “**Relying on mutual utility and thus pay and get paid for sharing the same usefulness**”. Because a person after crossing the age of 7 years is compelled under the “**Law of Exchange**”. This law says that if you want something you must provide something.

- Marks or Grades - for appreciation or Promotion to higher classes
- Qualifications - for Education, jobs, and other services.
- Passport or Tickets -for Travel and tourism.
- Understanding and care - towards partner to be loved and experience passion
- Abiding the Family norms - to get acceptance from the family.
- Performance and Sales - to get wages and incentives from Employers.
- Provide Quality and Value - in products and services to get returning customers.

Sadly, nothing is Free! Except the oxygen, you breathe (looking at our environmental carelessness, one day it will be the costliest product). Why? Because of increasing civilizational complexities and mutual dependency. The way we trust on children, is not visible among adults, because our children are not conniving and selfishly cruel. This is the reason why we adults have partial mutual trust and this lack of trust known subconsciously is also why we are not free!

In order to get almost all the services, we humans try to use ‘Money’ as the means of exchange. Hence, almost everyone is running to be Rich, like a hamster running endlessly on a wheel in an experiment. They think they can buy these freedoms through money. Mostly everything, they see that glitters is rich, so they want the freedom to be a part of that glitter and glamour. Here comes the real question, “Do we need money? Or we need these freedoms?”

The answer is clear! We do not want to spend our time doing things we not like. We may say we love the work we do, but in reality “Were we really

born to do the undesired work forever and die, aspiring to be free?" No, we were never born to be a machine in the concrete jungle. We want freedom to live the life we want. We need food, we need love we expect from people, and we want happiness and inner peace. Truly! We want to live our **'Life before 7 years of age, the true Godly life'**.

Why Godly? Because of **Freedom of location** (*Omnipresence*), **Freedom of Action** (*Omnipotence* and *Omniscience*) and **Freedom of Time** (*Omnidies* or *Omniaevum*) implying time as a barrier cannot block you to be free to pursue actions and aspirations. And the pathway to these freedoms is what I will share with you in the whole book! How to discover your Godliness!

This is the **"First Purpose"** in our life, which nobody may have clearly defined for you.

To get this life we save, work hard, invest, and try to make sure we retire well. But in this illusion, we forget the real reason why we are working and what is our one of the prime purposes? Our purpose is to **gain time and live freely** as much possible as it can be. Hence you find many billionaires are rich not for the wealth they have, but for the **'Freedom of Time, Location and Action'** they have to live to handle passion derived challenges and attain fulfillment.

They can travel, eat what they want, work, wakeup at the time they want to and seek pleasures till their earned money allows them to. Can they do it freely? No! Hence, they keep on earning money and expand their capacity to earn the above freedoms they want. So, people may keep chasing money, but they are blind to the fact that money is just a means, it's the freedom which they are running for. Among the various freedoms, it is the **Freedom of Time** they are desiring the most. Because, once they are free of their burden to exchange time for money, they can pursue other freedoms more easily. That is possible when the person is free of the undesired obligations, he has to fulfill just to get some piece of papers legalized by Government.

The Socio-Economic system has an imaginary **'Hook'** attached on you. This hook causes you to work and exchange your Time and Action for the money you earn. Billionaires are successful in **"Replacing someone else in their place to hang with the economic hook"** on them and be of service to earn money.

For example, Warren Buffet one of the richest investors established his company, which offers financial services to the people. He has created an entity, a **business system** that has replaced **Warren's economic hook** on itself, so the business system fulfills the obligations of socio-economic system. Warren is free of the Society's hook and its power. This business

earns money for Mr. Buffet and hence saves him the required time to pursue the freedoms. Getting my point? We all want to **get rid of the hook**(full of timely obligations) and attach the hook on something else. This *something else* is different entity for different individuals. For someone it is an **Artificial Intelligence software** that automates business while for other it is a big investment, which keeps maturing to let them reap big results in future.

Scammers attach their malevolent hooks on victims of their scams, looting and eloping. **Politicians** attach their hooks on Government Machinery, by controlling it after coming to power. The Government machinery and treasury is funded by people's paid taxes. Executives attach their hooks by *creating a system*, which provides money to the former. For this they also employ people who get jobs, further seek to get the above freedoms through money. Still, they are unaware of the hook that exists on them till they emancipate themselves. Hence our aim should be to:

1. Replace something else (A business system) on our place to attach our hooks on itself, to carry the burden of exchanging time for money.
2. Get **unhooked** off the redundant and harmful values of society which may not be useful for you especially during the present times.
3. Earn and grow wealth without being attached to it. Using this wealth to let you attain the **Purpose number one** i.e. **Freedom**, ASAP and then sustain it.
4. And then use this freedom for **Purpose number two** about which I shall tell you now.

Purpose number 2: You must have seen numerous billionaires rising all over the world. Show me one billionaire who has stopped working. Do they retire completely? Don't they attend events, meets and mentor people? Have they become *Ascetics* and detached with life?

In 2018 Amazon CEO Jeff Bezos' total net worth was more than the GDP of 49 poorest countries in the world and higher than the GDP of Hungary (\$139 billion) [1]. Even if he spends \$9 million every day, it would take nearly 46 years or more to spend his complete fortune.

Do you find Bezos sitting on some island or at home carelessly, playing some trending videogame or watching Netflix? No, you don't.

Be it any rich guy in the world, you would still see them working, enhancing and augment their **Freedom boundary or Bubble**. Freedom Bubble is the amount of freedom they gain by earning the amount of money (value or means of exchange) which could afford that freedom. Please beware, just like everything else Bubble could burst as well, when a rich

guy goes bankrupt. But such freedom bubble could expand without bursting if maintained well. So, the freedom they maintain may allow them to live and retire for rest of their life. But you find them in newer ventures and spontaneously working. But does that mean they do not enjoy? You must know they are definitely **free of the 'Socio - Economic Hook'** someone can attach on them and compel them to work. But they are unhooked and free to live and do what they want to. Hence, whatever they do is an outcome of the freedom they have gained.

Virgin Galactic took off its first fully crewed spaceflight in July 2021, with its billionaire founder Richard Branson on board [2]. This means they live their aspired life while working even though they are billionaires. Any powerful or rich person in the elite echelons of the society is hardly idle. They work willingly in their 'Unhooked capacity'.

Why are we talking about this? I told you, freedom benefits 'Before 7 years of age' are desired by most of us internally.

A few among these powerful men live for one more "**Silent but Powerful Purpose**" few may have told you. That is to bring people, who are hooked and less free, within the ambit of Freedom Bubble. They create opportunities so that even a common man could enter the freedom bubble according to his or her needs. Such people can aspire and live that in life.

For example, Vinton Cerf and Bob Kahn invented Internet. Tim Bernier Lee and his team developed WWW (World Wide Web) since 1989. What they gave to the world has caused many like Tata, Bezos, and Jack Ma to enter the freedom bubble. Hence, now you know how the same bubble is becoming larger for many who understand this game to get unhooked. Online content creators create their content and attain freedom of the hook at young age.

In reality, a few purposeful men are sharing the freedom by being the **Trustee of the freedom** and not holding onto it to enslave humanity. Mind it! I said only a "Few Men" are doing this. Many giants promote Crony Capitalism, which works against the few good doers. But one who has understood their **Purpose number two (Share Freedom)** after **Purpose number one (be unhooked and attain freedom)**, choose to make the society better and do not worry about the spiritual side of *Moksha* (liberation from birth-death cycle). They experience their *Moksha* through their Karma (Action). *Bhagvad Geeta* also indicates this in the concept of "Karma Yoga" as one of the highest levels of Devotion to the Creator.

They share the resources, for example, **Jamsetji Tata** has emerged as the biggest philanthropist globally in the last 100 years by donating \$102 billion, as per a list of top-50 givers prepared by Hurun Report and Edel Give Foundation. **Elon musk** tweeted in 2021 to donate \$6 billion by selling Tesla

shares if it would solve the world hunger problem but asked for a detailed plan from UNO World Food Programme chief David Beasley. A February Securities and Exchange Commission (SEC) filing revealed that Musk had donated Tesla stocks that were then worth \$5.7 billion to an unspecified charity in mid-to-late November 2021, with the first donation coming a few days after Beasley and WFP published their plan. But nobody knows where Musk donated the money, though he did not donate it to WFP confirmed by WFP.

Elon Musk does not care about your university degree if you are skilled and resourceful, your career awaits to work in your most fascinating industry. You do not have to satisfy the 'Universities to get a degree. The wealthy are already sharing the secrets right on Podcasts, Videos, and Podiums of honors. You just have to learn and apply.

The real purpose of life is not just to mint money, it is to '**relive the life of childhood once we have lived**', it is to be pristinely aware that '**we own nothing permanently as we are the trustees of wealth and owe everything to everyone at least temporarily**', if we have attained our right on everything.

Getting unhooked is the first step by creating a system which can make you wealthier in the language of Economics. But **getting others unhooked** by sharing this secret and getting others to do the same is the purpose in the language of spiritualism. It is the ultimate purpose one is supposed to follow if one does not feel to go beyond the material life.

Here is a Question for you, if *Buddha* got *Nirvana* or enlightenment why was he waiting to die? He would have died and ended his birth death cycle, right? But he was alive till he was 80-year-old. Guess why?

After six years of hardship, working to find the right spiritual path and practicing on his own to seek enlightenment, Prince *Siddhartha* reached his goal. After 49 days, at the age of 35, he attained enlightenment and became the supreme Buddha.

Buddha could not die because suicide is disrespect to life and an attempt to upset the fate we could create.

But the prime reason Buddha did not die was because of the new awareness of this purpose "**Get Unhooked and Get others unhooked by sharing the knowledge**"

Buddha was a prince, but he understood the transaction of value, work, and time to get the basic needs or even luxury. It is said while he was on a tour out in his kingdom, he saw three men. An old man, a sick man, a corpse. But in reality, he chose leave the palace to search the fourth man hidden in him, the wise man. He knew the social system was rigid and cared less for man's will during his time. A Biased Social stratification, exchange

of time and effort for survival. Just like the Stone age, it was either kill or be killed, hunt or starve during his age. Just the laws were changed. Coins did exist and Social Hierarchy further hooked the people with numerous socio-economic obligation.

When he attained enlightenment, he created a system for others to enhance their **Freedom Bubble** as well. There were people who were considered as outcast and lowest in social strata devoid of basic human rights. They were welcome to the newer system called **Buddhism**, which unhooked them. This was the demand Buddha addressed by creating a new system. The primary demand today is wealth to attain other demands. The demands, then, were social and human rights. Buddha unhooked many who joined him and so attained both the purposes of life.

He could have kept the secret with him, but **it does not work when selfishness is underlying** the attempt to broaden the horizon of your Freedom Bubble. He shared the secret so they could be free as well.

Remember! This book is bringing you the secret which has been understood by a few, but it remained a secret so only those who understood this secret could become Godly and Great entities like *Buddha*, Jesus, King *Asoka*, *Gandhi*, Mandela, Mother Teresa, and any other great personality you name who has served the mankind. The secret is to **fulfill the demand of the time, by creating a system, getting unhooked and then unhooking others.**

Being 'Unhooked' is not just the economic emancipation but social, mental, and spiritual as well. It is about freedom from norms, which make us inhuman, robotic, tamed, and away from our own naturalness in the name of being, the society's abiding member or the sheep of the herd.

Why this must be your purpose? Because my friend, you have less time left to get confused about why you are living? What you were in your previous birth and what you would be in your next birth? This is why every second is important for you to live fully. It is a bitter truth we are soon to be transformed, meaning? We would soon be dead. But I believe it is another form of transformation. From the mud, life went into crops, your parents ate it, the food turned into semen (a powerful and underrated force) and then you were born but when you will die you will turn into ash or mud again. So, our body and soul both transform. Soul would elevate or derogate, which is explained in chapters ahead. But let me clear it we all will go away in a few years, and nothing will last forever except your industrious attempts to attain the above purpose. We are infused with an immortality illusion, but do you know one out of every six and seven people could die out of heart disease and cancer.

66 million years ago the dinosaurs didn't make it, we won't as well. We spend nearly 30 years for sleeping, 13 years on working, 8 years in front of Television and 3 years on social media, nearly 5 years for eating, 2 years of exercise, 2 years on being romantic and socializing. All these take more than 60 years, where is the place for our purpose? Mundaneness and mediocrity is what we live for most of our life without knowing why we should live. Fearlessness is born when we live fully recognizing death as an inevitable part of life just like hunger. But living fearlessly with the purpose above self, defeats a death without purpose.

Who knows 'what is your purpose and how would you unhook yourself and others?' Can someone show you what your life or your path should be? No! They cannot. You do not know what you may do in future or in this life. But one thing you could definitely do is by knowing what you can do now. This was one of the reasons why Buddha didn't kill himself. You can either be enslaved virtually to a redundant system, which expects your idiocy and ignorance, which demands your Time and freedom, or you can unhook yourself in this birth and attain a purpose, which gives you thrill and peace.

Once a powerful purpose increases people's freedom bubble, then many adopt it. It becomes a force and takes the form of habit which evolves into customs, then into religions and then into culture being followed by many. But later such system needs to be updated or else it becomes outdated with demands of time and someone else rises to change it. Someone definitely becomes Godly. Buddha did what he could in 45 years from age 35 to 80. But from 600 B.C. till present, we still remember him, don't we? That is because his system has evolved into a culture and even nations have adopted it. So, Buddha may have transformed away thousands of years ago but his pursuit to provide freedom and getting people unhooked in his way through a system still lives. Now you can compare this in any religion or ideologies of great men, and you would find the key to your own purpose.

Men like Gandhi gave a system of Non-violence and Satyagraha, which even a few politicians, culprit enough, use it today as well. In religions, they got a system years back through the Holy Scriptures. In Modern world, somebody built the internet and computer system which are the spine of modern world businesses.

Today, the wealth exchanged for value given to the society is the means to freedom, we owe these wealth and value to others and that is the true purpose of our lives. Once it was Security, then Food, then shelter, then Social equality, today its wealth and value, tomorrow it may be water then oxygen or environment owing to the challenge of our unholy catalysis of climate change.

We must ultimately live for these two purposes. The idols we revere did